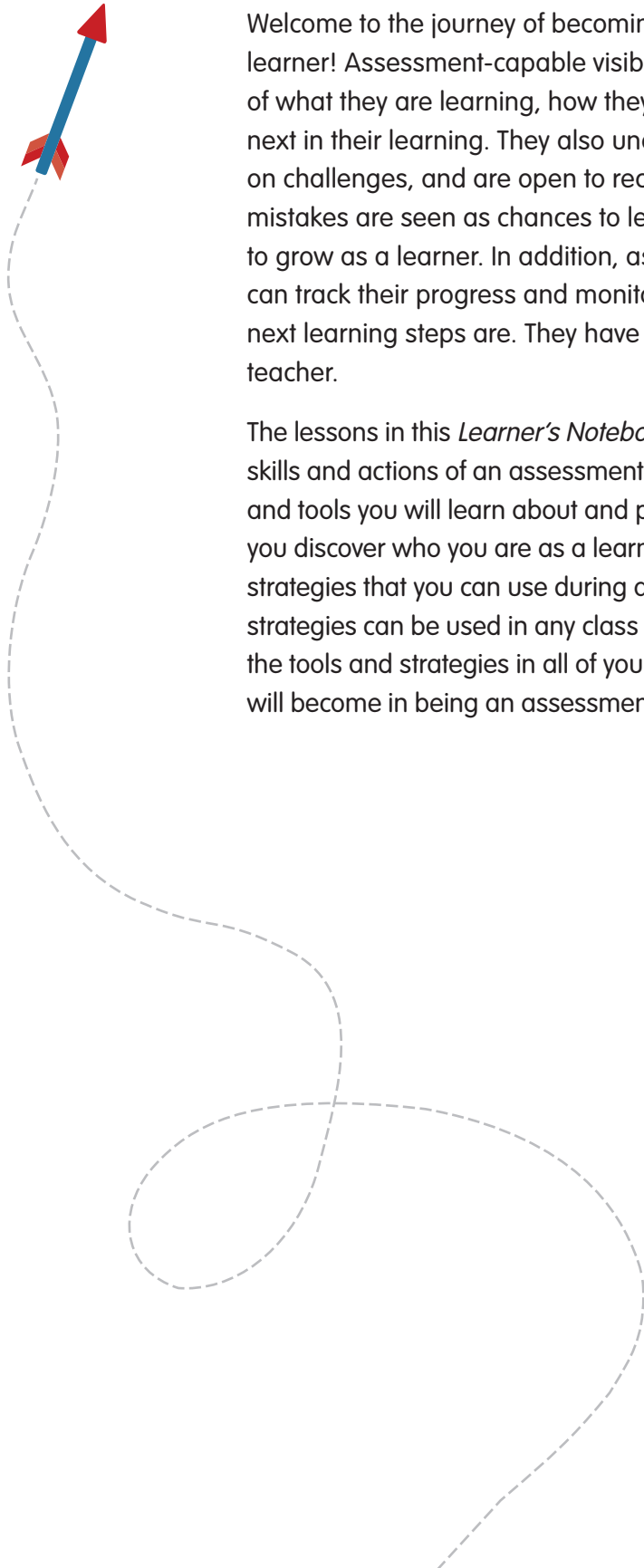


# Introduction



Welcome to the journey of becoming an assessment-capable visible learner! Assessment-capable visible learners have a clear understanding of what they are learning, how they are learning, and where they are going next in their learning. They also understand why they are learning, take on challenges, and are open to receiving and giving feedback. Errors and mistakes are seen as chances to learn. Goal setting helps identify areas to grow as a learner. In addition, assessment-capable visible learners can track their progress and monitor their growth so they know what their next learning steps are. They have the skills and strategies to be their own teacher.

The lessons in this *Learner's Notebook* are designed to help you develop the skills and actions of an assessment-capable visible learner. The strategies and tools you will learn about and practice within the lessons will help you discover who you are as a learner and provide you with a toolbox of strategies that you can use during all of your learning experiences. The strategies can be used in any class for any subjects. The more you can use the tools and strategies in all of your learning experiences, the stronger you will become in being an assessment-capable visible learner.